

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Series 2012 Page 1 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: **0**

Total No. of Municipalities ____ Barangay ____

Total No. with OPT Plus Results: Mun ____ Brgy ____

Percent OPT Coverage Mun ____ Brgy ____

Year **2018**

Percent OPT Plus Coverage: 0-59 months old **80.83%**

Estimated No of PS: 0-59 months old: **1,761,056**

Actual No of PS measured: 0-59 months old **1,433,604**

Previous Year Prevalence Rate 0-59 months old: **1.45%**

Age Group (1)	Weight for Age Status																	Total, by age group									
	Normal (N)				Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys (2) (3)		Girls (4) (5)		Boys (6) (7)		Girls (8) (9)		Boys (10) (11)		Girls (12) (13)		Boys (14) (15)		Girls (16) (17)		Boys (18)	Girls (19)	Total (20)	No (21)	Prev (22)	No (23)	Prev (24)	No (25)	Prev (26)	No (27)	Prev (28)
0-5 months (R1)	65,691		62,908		299		196		128		112		885		862		67,003	64,078	131,081	128,599	98.11	495	0.38	240	0.18	1,747	1.33
6-11 months (R2)	58,507		56,903		570		374		225		141		409		353		59,711	57,771	117,482	115,410	98.24	944	0.80	366	0.31	762	0.65
12-23 months (R3)	121,528		116,218		1,459		1,037		584		400		745		693		124,316	118,348	242,664	237,746	97.97	2,496	1.03	984	0.41	1,438	0.59
24-35 months (R4)	131,232		127,709		1,625		1,403		582		591		741		719		134,180	130,422	264,602	258,941	97.86	3,028	1.14	1,173	0.44	1,460	0.55
36-47 months (R5)	148,928		143,678		1,676		1,553		583		586		868		663		152,055	146,480	298,535	292,606	98.01	3,229	1.08	1,169	0.39	1,531	0.51
48-59 months (R6)	189,129		184,592		1,560		1,404		463		525		894		673		192,046	187,194	379,240	373,721	98.54	2,964	0.78	988	0.26	1,567	0.41
60-71 months (R7)	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8) 0-59 mos	715,015		692,008		7,189		5,967		2,565		2,355		4,542		3,963		729,311	704,293	1,433,604	1,407,023	98.15	13,156	0.92	4,920	0.34	8,505	0.59
0-71 mos	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9) 0-59 mos	98.04		98.26		0.99		0.85		0.35		0.33		0.62		0.56		50.87	49.13		98.15		0.92		0.34		0.59	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months
d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

OVERWEIGHT IS MORE CORRECTLY DETERMINED USING WEIGHT-FOR-LENGTH OR WEIGHT-FOR-HEIGHT.

(original signed)
Prepared and validated by: **Milagros Elisa V. Federizo**
Regional Nutrition Program Coordinator, NNC-NCR

Date: 10/12/18

(original signed)
Approved by: **Dr. Corazon I. Flores**
Regional Director, DOH-NCRO
Chairperson, Regional Nutrition Committee

Date: 10/17/18

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Year 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:



Normal Weight-for-Age



Normal Length/Height-for-Age



Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	97.93	9,941	9,947	11,045	11,177	14,632	14,582	14,713	14,648	15,594	15,725	18,518	18,967			169,489
Malabon	49,988	41,328	96.41	1,822	1,718	1,491	1,354	3,286	2,853	3,575	3,308	4,100	3,877	6,499	5,963			39,846
Navotas	34,116	31,749	98.17	1,094	1,122	1,527	1,436	2,419	2,325	3,156	2,917	2,989	3,255	4,462	4,466			31,168
Valenzuela	84,847	73,616	98.21	3,873	3,697	3,250	3,075	6,547	6,115	6,719	6,483	7,558	6,863	9,378	8,742			72,300
Quezon City	401,535	397,275	98.99	17,575	16,564	16,256	16,236	34,111	32,597	37,788	38,087	45,142	43,862	47,659	47,391			393,268
Marikina	61,642	29,656	97.13	1,707	1,710	1,320	1,189	1,752	1,664	1,543	1,502	1,555	1,439	6,787	6,637			28,805
Pasig	103,293	76,148	98.22	4,515	4,411	2,904	2,672	6,003	5,497	5,805	5,461	7,026	6,740	12,144	11,615			74,793
Taguig	110,078	110,266	99.54	4,808	4,460	4,124	3,769	10,954	10,627	12,160	11,337	12,466	11,952	11,752	11,354			109,763
Pateros	8,731	5,832	96.09	315	366	237	237	503	499	583	579	583	532	633	537			5,604
Makati	79,675	44,635	97.84	2,679	2,391	2,162	2,158	3,602	3,465	3,437	3,472	4,609	4,155	6,028	5,514			43,672
Manila	243,448	163,355	96.33	5,611	5,410	5,055	4,726	15,467	14,774	17,128	16,364	18,377	17,233	18,789	18,429			157,363
Mandaluyong	52,826	45,164	99.19	1,541	1,369	1,494	1,322	3,842	3,628	4,382	4,245	5,051	4,757	6,828	6,337			44,796
San Juan	16,709	14,440	98.92	420	384	414	444	1,165	1176	1343	1329	1951	1901	1909	1848			14,284
Pasay	56,962	44,658	97.79	1,393	1,408	1,483	1,437	4,213	3,969	3,991	3,834	4,657	4,410	6,425	6,452			43,672
Parañaque	91,056	75,332	98.06	2,599	2,537	1,995	1,956	3,751	3,803	6,221	5,809	6,807	6,639	16,002	15,754			73,873
Muntinlupa	68,995	61,818	98.29	3,205	2,928	1,854	1,965	5,950	5,511	5,185	5,006	5,506	5,575	9,159	8,915			60,759
Las Piñas	80,535	45,263	96.26	2,593	2486	1896	1750	3331	3133	3503	3328	4957	4763	6157	5671			43,568
TOTAL	1,761,056	1,433,604	98.15	65,691	62,908	58,507	56,903	121,528	116,218	131,232	127,709	148,928	143,678	189,129	184,592	0	0	1,407,023

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2018

Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☒ **Underweight Weight-for-Age** ☐ **Stunted Length/Height-for-Age** ☐ **Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % 	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	216,620	173,069	1.17	45	32	104	58	215	153	216	247	246	234	233	250			2,033
Malabon	49,988	41,328	2.21	8	6	34	17	109	72	118	124	105	115	110	96			914
Navotas	34,116	31,749	1.03	0	2	11	7	30	30	47	38	44	36	33	49			327
Valenzuela	84,847	73,616	0.78	12	7	30	15	67	46	66	61	85	77	53	56			575
Quezon City	401,535	397,275	0.43	63	45	91	63	191	131	204	162	233	182	170	160			1,695
Marikina	61,642	29,656	0.71	4	0	4	12	21	20	25	34	32	34	11	14			211
Pasig	103,293	76,148	0.93	6	7	23	18	77	34	100	92	97	98	75	78			705
Taguig	110,078	110,266	0.27	5	3	14	7	32	40	41	27	35	36	20	33			293
Pateros	8,731	5,832	1.80	0	2	4	1	8	10	17	10	9	17	16	11			105
Makati	79,675	44,635	0.35	1	2	11	7	24	21	13	11	16	19	13	19			157
Manila	243,448	163,355	1.82	91	50	115	80	287	212	354	244	400	310	475	350			2,968
Mandaluyong	52,826	45,164	0.54	1	2	9	7	32	25	32	29	30	28	21	27			243
San Juan	16,709	14,440	0.47	0	0	1	1	3	7	12	13	9	6	9	7			68
Pasay	56,962	44,658	1.16	23	13	16	15	45	32	54	42	57	61	91	69			518
Parañaque	91,056	75,332	1.25	12	7	38	24	116	74	135	108	115	137	93	84			943
Muntinlupa	68,995	61,818	0.77	0	1	11	8	66	41	65	59	72	77	46	29			475
Las Piñas	80,535	45,263	2.05	28	17	54	34	136	89	126	102	91	86	91	72			926
TOTAL	1,761,056	1,433,604	0.92	299	196	570	374	1,459	1,037	1,625	1,403	1,676	1,553	1,560	1,404	0	0	13,156

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0



Sev. UW Weight-for-Age



Sev. Stunted Length/Height-for-Age



Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	0.36	16	11	36	28	77	55	67	66	57	75	64	63			615
Malabon	49,988	41,328	0.64	3	1	9	4	21	16	36	37	39	27	31	42			266
Navotas	34,116	31,749	0.34	0	0	2	3	6	9	16	11	14	15	19	13			108
Valenzuela	84,847	73,616	0.25	10	8	12	8	24	11	23	17	20	20	11	19			183
Quezon City	401,535	397,275	0.16	29	22	38	31	78	68	62	65	80	58	43	53			627
Marikina	61,642	29,656	0.30	0	4	7	7	14	6	8	9	13	9	4	8			89
Pasig	103,293	76,148	0.25	3	4	13	9	21	15	21	23	22	28	14	14			187
Taguig	110,078	110,266	0.07	0	0	3	4	8	8	8	9	14	6	5	7			72
Pateros	8,731	5,832	0.17	0	0	1	0	3	0	1	1	2	2	0	0			10
Makati	79,675	44,635	0.10	4	2	4	0	7	5	4	4	4	7	2	1			44
Manila	243,448	163,355	1.14	32	41	54	24	216	133	233	239	225	238	196	226			1,857
Mandaluyong	52,826	45,164	0.06	0	1	4	0	9	4	4	3	1	1	1	1			29
San Juan	16,709	14,440	0.08	0	0	0	0	1	0	1	0	2	2	2	4			12
Pasay	56,962	44,658	0.22	3	2	5	2	7	11	6	14	9	15	13	11			98
Parañaque	91,056	75,332	0.33	11	4	13	1	27	22	35	27	24	35	20	26			245
Muntinlupa	68,995	61,818	0.25	2	5	1	10	18	15	18	25	15	20	12	13			154
Las Piñas	80,535	45,263	0.72	15	7	23	10	47	22	39	41	42	28	26	24			324
TOTAL	1,761,056	1,433,604	0.34	128	112	225	141	584	400	582	591	583	586	463	525	0	0	4,920

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Total No.with OPT Plus Results: City 16 Municipality 1

Period of Weighing: January to March 2018

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0



Overweight Weight-for-Age



Tall Length/Height-for-Age



Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	216,620	173,069	0.54	82	78	76	73	89	81	76	73	78	74	77	75			932
Malabon	49,988	41,328	0.73	23	32	12	5	23	20	28	29	45	23	43	19			302
Navotas	34,116	31,749	0.46	5	7	4	5	6	15	12	23	14	15	12	28			146
Valenzuela	84,847	73,616	0.76	58	42	20	17	40	39	44	52	59	49	79	59			558
Quezon City	401,535	397,275	0.42	187	196	95	89	142	150	142	177	149	130	111	117			1,685
Marikina	61,642	29,656	1.86	53	61	14	17	66	44	52	38	55	42	71	38			551
Pasig	103,293	76,148	0.61	34	17	15	8	38	27	52	55	86	44	55	32			463
Taguig	110,078	110,266	0.13	15	6	9	4	13	17	11	14	13	16	12	8			138
Pateros	8,731	5,832	1.94	8	5	6	6	3	11	8	5	21	14	10	16			113
Makati	79,675	44,635	1.71	56	51	27	27	60	35	59	42	102	74	155	74			762
Manila	243,448	163,355	0.71	171	165	52	45	118	102	104	85	99	57	93	76			1,167
Mandaluyong	52,826	45,164	0.21	7	4	4	3	12	10	8	7	8	8	14	11			96
San Juan	16,709	14,440	0.53	8	2	4	4	9	6	8	4	8	8	9	6			76
Pasay	56,962	44,658	0.83	42	36	25	9	32	35	42	28	27	34	34	26			370
Parañaque	91,056	75,332	0.36	27	26	15	15	24	19	24	28	28	22	28	15			271
Muntinlupa	68,995	61,818	0.70	48	56	14	10	31	41	35	25	40	32	60	38			430
Las Piñas	80,535	45,263	0.98	61	78	17	16	39	41	36	34	36	21	31	35			445
TOTAL	1,761,056	1,433,604	0.59	885	862	409	353	745	693	741	719	868	663	894	673	0	0	8,505

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Series 2012 Page 2 of 3

Region **National Capital Region**

Indigenous Group/s: 0

Year **2018**

Total No. of Municipality: **1** City **16**

Total No. of Municipalities _____ Barangay _____

Percent OPT Plus Coverage: 0-59 months old **80.83%**

Total No. with OPT Plus Results: Municipality **1** City **16**

Total No. with OPT Plus Results: Mun _____ Brgy _____

Estimated No of PS: 0-59 months old: **1,761,056**

Percent OPT Coverage Municipality _____ City _____

Percent OPT Coverage Mun _____ Brgy _____

Actual No of PS measured: 0-59 months old **1,433,604**

Age Group (1)	Length/Height for Age Status												Total, by age group													
	Normal (N)		Stunted /Short (St)		Severely Stunted (SSt)		Tall (T)		TOTAL			Total N		Total St		Total SSt		Total T								
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	Boys (18)	Girls (19)	Total (20)	No (21)	Prev (22)	No (23)	Prev (24)	No (25)	Prev (26)	No (27)
0-5 months (R1)	63,299	60,163	516	372	199	145	2,688	3,241	66,702	63,921	130,623	123,462	94.52	888	0.68	344	0.26	5,929	4.54							
6-11 months (R2)	56,468	54,770	644	510	374	202	1,967	2,221	59,453	57,703	117,156	111,238	94.95	1,154	0.99	576	0.49	4,188	3.57							
12-23 months (R3)	117,085	111,883	2,374	1,572	1,205	799	3,394	3,806	124,058	118,060	242,118	228,968	94.57	3,946	1.63	2,004	0.83	7,200	2.97							
24-35 months (R4)	128,567	125,134	2,438	1,942	1,127	987	2,204	2,451	134,336	130,514	264,850	253,701	95.79	4,380	1.65	2,114	0.80	4,655	1.76							
36-47 months (R5)	147,072	141,944	2,718	2,527	1,081	955	1,415	1,283	152,286	146,709	298,995	289,016	96.66	5,245	1.75	2,036	0.68	2,698	0.90							
48-59 months (R6)	187,696	183,316	2,578	2,324	995	904	929	805	192,198	187,349	379,547	371,012	97.75	4,902	1.29	1,899	0.50	1,734	0.46							
60-71 months (R7)	0	0	0	0	0	0	0	0	0	0	0	0	0.00	0	0.00	0	0.00	0	0.00							
Total (R8)	700,187	677,210	11,268	9,247	4,981	3,992	12,597	13,807	729,033	704,256	1,433,289	1,377,397	96.10	20,515	1.43	8,973	0.63	26,404	1.84							
0-71 mos	0	0	0	0	0	0	0	0	0	0	0	0	0.00	0	0.00	0	0.00	0	0.00							
Prev (R9)	96.04	96.16	1.55	1.31	0.68	0.57	1.73	1.96	50.86	49.14			96.10			0.63		1.84								
0-59 mos	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			0.00			0.00		0.00								
0-71 mos	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00			0.00			0.00		0.00								

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months
d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Year 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:

☐

Normal Weight-for-Age

☒

Normal Length/Height-for-Age

☐

Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	96.63	9,781	9,763	11,012	11,092	14,219	14,304	14,413	14,475	15,435	15,569	18,331	18,842			167,236
Malabon	49,988	41,328	91.72	1,786	1,672	1,435	1,323	3,002	2,674	3,344	3,163	3,866	3,675	6,241	5,726			37,907
Navotas	34,116	31,749	97.51	1,076	1,106	1,500	1,405	2,388	2,314	3,159	2,923	2,967	3,237	4,428	4,457			30,960
Valenzuela	84,847	73,616	96.16	3,743	3,537	3,152	2,955	6,359	5,905	6,565	6,342	7,465	6,799	9,317	8,649			70,788
Quezon City	401,535	397,275	97.97	17,315	16,211	15,985	15,893	33,632	32,077	37,387	37,657	44,787	43,556	47,435	47,265			389,200
Marikina	61,642	29,341	94.48	1,586	1,544	1,234	1,105	1,639	1,529	1,471	1,455	1,566	1,439	6,666	6,486			27,720
Pasig	103,293	76,148	94.83	4261	4115	2751	2530	5713	5204	5572	5273	6847	6584	11934	11425			72,209
Taguig	110,078	110,266	96.44	4,293	4,006	3,562	3,335	10,103	9,646	12,041	11,111	12,566	12,046	12,019	11,618			106,346
Pateros	8,731	5,832	94.58	294	349	232	233	485	491	572	556	592	535	635	542			5,516
Makati	79,675	44,635	96.69	2,592	2,297	2,094	2,104	3,523	3,376	3,416	3,443	4,610	4,160	6,057	5,486			43,158
Manila	243,448	163,355	92.33	5,200	4,937	4,723	4,298	14,558	13,840	16,566	15,764	17,794	16,712	18,403	18,026			150,821
Mandaluyong	52,826	45,164	97.15	1,495	1,309	1,444	1,266	3,718	3,500	4,284	4,120	4,967	4,640	6,814	6,321			43,878
San Juan	16,709	14,440	95.96	402	361	372	387	1,108	1,113	1,307	1,284	1,917	1,875	1,892	1,838			13,856
Pasay	56,962	44,658	95.14	1,323	1,330	1,405	1,355	4,034	3,836	3,886	3,726	4,580	4,304	6,345	6,365			42,489
Parañaque	91,056	75,332	96.54	2,541	2,463	1,956	1,907	3,625	3,699	6,051	5,648	6,711	6,547	15,894	15,687			72,729
Muntinlupa	68,995	61,818	96.88	3,136	2,816	1,803	1,922	5,820	5,387	5,079	4,933	5,461	5,512	9,130	8,892			59,891
Las Piñas	80,535	45,263	94.32	2,475	2,347	1,808	1,660	3,159	2,988	3,454	3,261	4,941	4,754	6,155	5,691			42,693
TOTAL	1,761,056	1,433,289	96.10	63,299	60,163	56,468	54,770	117,085	111,883	128,567	125,134	147,072	141,944	187,696	183,316	0	0	1,377,397

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

 Region National Capital Region

 Total No.: City 16 Municipality 1

 Period of Weighing January-March 2018

 Total No.with OPT Plus Results: City 16 Municipality 1

 Indigenous Group/s: 0

Please Check:

 Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0
☐

Underweight Weight-for-Age

☒

Stunted Length/Height-for-Age

☐

Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	1.69	56	44	91	93	409	260	350	275	319	343	351	329			2,920
Malabon	49,988	41,328	5.10	10	6	41	26	266	153	252	212	267	256	326	293			2,108
Navotas	34,116	31,749	1.06	1	3	7	14	36	28	41	29	51	36	44	46			336
Valenzuela	84,847	73,616	1.44	43	17	39	33	113	63	128	91	142	100	140	150			1,059
Quezon City	401,535	397,275	0.65	117	97	83	82	236	179	271	219	395	315	340	264			2,598
Marikina	61,642	29,341	0.90	4	1	14	5	39	26	33	28	35	32	17	30			264
Pasig	103,293	76,148	1.36	12	12	26	19	113	66	141	112	165	135	115	116			1,032
Taguig	110,078	110,266	0.41	6	5	12	6	40	60	76	41	53	62	36	51			448
Pateros	8,731	5,832	2.71	4	4	7	2	14	14	20	17	17	23	19	17			158
Makati	79,675	44,635	0.91	16	9	31	24	49	52	30	22	34	34	44	63			408
Manila	243,448	163,355	3.10	162	111	154	114	533	324	570	453	737	626	679	602			5,065
Mandaluyong	52,826	45,164	0.78	4	2	8	5	23	23	45	41	66	80	29	26			352
San Juan	16,709	14,440	0.65	0	0	0	3	9	5	13	11	9	14	16	14			94
Pasay	56,962	44,658	1.97	31	19	34	24	110	51	96	74	81	124	129	105			878
Parañaque	91,056	75,332	1.59	12	9	39	18	150	101	144	134	159	159	152	120			1,197
Muntinlupa	68,995	61,818	1.03	4	4	14	8	82	65	102	83	83	103	52	38			638
Las Piñas	80,535	45,263	2.12	34	29	44	34	152	102	126	100	105	85	89	60			960
TOTAL	1,761,056	1,433,289	1.43	516	372	644	510	2,374	1,572	2,438	1,942	2,718	2,527	2,578	2,324	0	0	20,515

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Sev. UW Weight-for-Age ☒ Sev. Stunted Length/Height-for-Age ☐ Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	0.61	10	16	40	32	175	115	135	127	103	104	101	97			1,055
Malabon	49,988	41,328	1.84	1	2	26	8	114	56	113	79	114	86	88	72			759
Navotas	34,116	31,749	0.36	1	1	3	6	6	9	11	14	12	13	20	19			115
Valenzuela	84,847	73,616	0.46	12	9	22	8	42	23	41	33	41	39	35	31			336
Quezon City	401,535	397,275	0.23	26	19	63	30	122	97	107	85	101	97	81	75			903
Marikina	61,642	29,341	0.29	3	2	4	5	15	8	7	6	14	9	6	5			84
Pasig	103,293	76,148	0.62	4	1	18	13	48	36	75	54	71	60	54	40			474
Taguig	110,078	110,266	0.14	0	0	4	4	31	13	23	18	20	20	14	12			159
Pateros	8,731	5,832	0.84	2	3	2	0	7	2	10	9	3	4	4	3			49
Makati	79,675	44,635	0.35	17	4	13	10	27	14	9	16	13	13	10	12			158
Manila	243,448	163,355	1.99	77	62	112	51	356	269	393	358	408	351	421	398			3,256
Mandaluyong	52,826	45,164	0.33	0	2	3	1	17	12	18	19	21	23	13	18			147
San Juan	16,709	14,440	0.17	0	0	1	0	2	1	1	0	8	2	3	6			24
Pasay	56,962	44,658	0.54	8	3	9	5	29	27	26	22	24	21	35	32			241
Parañaque	91,056	75,332	0.52	14	6	16	10	59	24	55	36	40	52	48	28			388
Muntinlupa	68,995	61,818	0.49	3	4	7	7	54	39	41	40	39	27	22	21			304
Las Piñas	80,535	45,263	1.15	21	11	31	12	101	54	62	71	49	34	40	35			521
TOTAL	1,761,056	1,433,289	0.63	199	145	374	202	1,205	799	1,127	987	1,081	955	995	904	0	0	8,973

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐

Overweight Weight-for-Age

☒

Tall Length/Height-for-Age

☐

Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	1.07	237	245	118	119	210	192	174	157	118	92	109	87			1,858
Malabon	49,988	41,328	1.34	59	77	44	23	57	77	47	46	42	25	29	28			554
Navotas	34,116	31,749	1.06	21	21	34	26	31	28	20	23	31	34	34	35			338
Valenzuela	84,847	73,616	1.95	155	191	99	119	164	220	118	147	74	71	29	46			1,433
Quezon City	401,535	397,275	1.15	396	500	349	414	532	593	431	530	321	264	127	117			4,574
Marikina	61,642	29,341	4.34	171	227	93	110	162	171	107	94	40	44	31	23			1,273
Pasig	103,293	76,148	3.20	281	311	159	146	264	268	190	192	148	131	182	161			2,433
Taguig	110,078	110,266	3.00	219	301	307	363	565	684	257	309	128	115	39	26			3,313
Pateros	8,731	5,832	1.87	23	17	7	9	11	13	7	13	3	3	1	2			109
Makati	79,675	44,635	2.04	115	136	66	54	93	84	57	48	74	50	85	49			911
Manila	243,448	163,355	2.58	466	556	287	412	641	788	290	357	162	149	50	55			4,213
Mandaluyong	52,826	45,164	1.74	50	63	56	60	137	132	79	104	36	51	8	11			787
San Juan	16,709	14,440	3.23	26	25	46	59	59	70	43	51	36	26	18	7			466
Pasay	56,962	44,658	2.35	99	107	81	79	124	133	85	96	65	71	54	56			1,050
Parañaque	91,056	75,332	1.35	91	97	58	68	94	96	156	153	56	68	39	42			1,018
Muntinlupa	68,995	61,818	1.59	112	166	56	56	109	117	81	59	50	62	73	44			985
Las Piñas	80,535	45,263	2.41	167	201	107	104	141	140	62	72	31	27	21	16			1,089
TOTAL	1,761,056	1,433,289	1.84	2,688	3,241	1,967	2,221	3,394	3,806	2,204	2,451	1,415	1,283	929	805	0	0	26,404

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Series 2012 Page 3 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: **0**

Total No. of Municipalities ____ Barangay ____

Total No. with OPT Plus Results: Mun ____ Brgy ____

Percent OPT Coverage Mun ____ Brgy ____

Year **2018**

Percent OPT Plus Coverage: 0-59 months old **80.38%**

Estimated No of PS: 0-59 months old: **1,761,056**

Actual No of PS measured: 0-59 months old **1,433,604**

Age Group (1)	Weight for Length/Height Status														Total, by age group																		
	Normal (N)				Wasted (W)				Severely Wasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			Total N		Total W		Total SW		Total OW		Total Ob							
	Boys		Girls		Boys		Girls		Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev	No	Prev	No	Prev						
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)	(29)	(30)	(31)	(32)	(33)	(34)
0-5 months (R1)	65,066		62,405		490		407		276		229		732		582		443		454		67,007	64,077	131,084	127,471	97.24	897	0.68	505	0.39	1,314	1.00	897	0.68
6-11 months (R2)	58,295		56,671		562		398		243		158		394		375		221		169		59,715	57,771	117,486	114,966	97.86	960	0.82	401	0.34	769	0.65	390	0.33
12-23 months (R3)	121,432		115,844		1,274		926		461		319		733		828		415		430		124,315	118,347	242,662	237,276	97.78	2,200	0.91	780	0.32	1,561	0.64	845	0.35
24-35 months (R4)	131,366		127,987		1,100		937		416		295		783		740		512		462		134,177	130,421	264,598	259,353	98.02	2,037	0.77	711	0.27	1,523	0.58	974	0.37
36-47 months (R5)	149,170		144,186		1,028		911		349		207		827		720		676		459		152,050	146,483	298,533	293,356	98.27	1,939	0.65	556	0.19	1,547	0.52	1,135	0.38
48-59 months (R6)	189,030		184,649		890		801		285		204		948		851		736		539		191,889	187,044	378,933	373,679	98.61	1,691	0.45	489	0.13	1,799	0.47	1,275	0.34
60-71 months (R7)	0		0		0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)	714,359		691,742		5,344		4,380		2,030		1,412		4,417		4,096		3,003		2,513		729,153	704,143	1,433,296	1,406,101	98.10	9,724	0.68	3,442	0.24	8,513	0.59	5,516	0.38
0-71 mos	0		0		0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9)	97.97		98.24		0.73		0.62		0.28		0.20		0.61		0.58		0.41		0.36		50.87	49.13		98.10		0.68		0.24		0.59		0.38	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Year 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:

☐

Normal Weight-for-Age

☐

Normal Length/Height-for-Age

☒

Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	216,620	173,069	98.65	9,922	9,927	11,115	11,199	14,763	14,663	14,877	14,835	15,756	15,913	18,648	19,107			170,725
Malabon	49,988	41,328	97.14	1,807	1,714	1,499	1,352	3,314	2,862	3,641	3,376	4,162	3,936	6,500	5,982			40,145
Navotas	34,116	31,749	98.44	1,087	1,116	1,525	1,419	2,417	2,343	3,178	2,942	3,011	3,271	4,456	4,489			31,254
Valenzuela	84,847	73,616	96.90	3,780	3,621	3,194	3,034	6,459	6,030	6,635	6,428	7,463	6,810	9,246	8,636			71,336
Quezon City	401,535	397,275	98.98	17,514	16,519	16,227	16,226	34,134	32,532	37,818	38,179	45,156	43,914	47,577	47,422			393,218
Marikina	61,642	29,349	97.02	1,716	1,728	1,313	1,189	1,770	1,664	1,542	1,511	1,550	1,437	6,607	6,446			28,473
Pasig	103,293	76,148	98.41	4,498	4,406	2,898	2,682	6,027	5,510	5,846	5,500	7,041	6,773	12,124	11,629			74,934
Taguig	110,078	110,266	99.58	4,812	4,452	4,134	3,771	10,954	10,634	12,153	11,328	12,473	11,964	11,757	11,369			109,801
Pateros	8,731	5,832	94.22	306	357	232	237	486	492	575	554	574	537	619	526			5,495
Makati	79,675	44,635	97.88	2,699	2,416	2,176	2,162	3,598	3,447	3,435	3,467	4,622	4,156	6,024	5,487			43,689
Manila	243,448	163,355	95.29	5,237	5,113	4,867	4,544	15,139	14,465	16,935	16,203	18,385	17,275	18,932	18,572			155,667
Mandaluyong	52,826	45,164	98.72	1,529	1,354	1,489	1,313	3,830	3,604	4,356	4,202	5,021	4,721	6,828	6,339			44,586
San Juan	16,709	14,440	99.20	423	381	415	447	1,165	1,180	1,350	1,338	1,952	1,908	1,914	1,851			14,324
Pasay	56,962	44,658	97.32	1,377	1,384	1,467	1,415	4,191	3,918	3,989	3,823	4,640	4,406	6,423	6,426			43,459
Parañaque	91,056	75,331	98.36	2,577	2,502	1,982	1,948	3,790	3,799	6,266	5,858	6,834	6,734	16,032	15,777			74,099
Muntinlupa	68,995	61,818	98.62	3,200	2,940	1,853	1,971	5,989	5,540	5,216	5,042	5,531	5,618	9,163	8,902			60,965
Las Piñas	80,535	45,263	97.06	2,582	2,475	1,909	1,762	3,406	3,161	3,554	3,401	4,999	4,813	6,180	5,689			43,931
TOTAL	1,761,056	1,433,296	98.10	65,066	62,405	58,295	56,671	121,432	115,844	131,366	127,987	149,170	144,186	189,030	184,649	0	0	1,406,101

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Underweight Weight-for-Age ☐ Stunted Length/Height-for-Age ☒ Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	216,620	173,069	0.53	28	25	53	46	127	82	82	82	97	89	93	110			914
Malabon	49,988	41,328	0.96	5	2	14	13	52	49	42	48	32	34	55	50			396
Navotas	34,116	31,749	0.60	0	3	9	9	22	15	27	14	17	18	33	22			189
Valenzuela	84,847	73,616	1.18	48	36	51	33	105	69	96	62	110	80	93	88			871
Quezon City	401,535	397,275	0.24	60	54	73	65	108	105	90	92	76	111	55	71			960
Marikina	61,642	29,349	0.39	2	2	3	7	11	10	13	14	21	16	3	13			115
Pasig	103,293	76,148	0.50	13	4	18	14	39	17	41	46	64	50	41	34			381
Taguig	110,078	110,266	0.20	11	7	6	7	28	32	35	24	30	18	8	13			219
Pateros	8,731	5,832	1.66	8	5	6	2	19	5	9	11	13	4	12	3			97
Makati	79,675	44,635	0.32	9	7	10	5	19	18	16	10	12	10	14	12			142
Manila	243,448	163,355	2.14	217	175	179	131	508	335	429	344	345	298	303	226			3,490
Mandaluyong	52,826	45,164	0.45	8	4	8	6	23	22	24	31	29	27	11	8			201
San Juan	16,709	14,440	0.19	1	3	1	0	2	2	3	3	2	3	4	4			28
Pasay	56,962	44,658	0.97	30	27	35	25	49	44	38	29	33	34	50	38			432
Parañaque	91,056	75,331	0.62	19	14	36	11	59	46	58	50	50	45	34	46			468
Muntinlupa	68,995	61,818	0.36	2	6	8	2	25	17	33	27	36	27	23	17			223
Las Piñas	80,535	45,263	1.32	29	33	52	22	78	58	64	50	61	47	58	46			598
TOTAL	1,761,056	1,433,296	0.68	490	407	562	398	1,274	926	1,100	937	1,028	911	890	801	0	0	9,724

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐

Sev. UW Weight-for-Age

☐

Sev. Stunted Length/Height-for-Age

☒

Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	216,620	173,069	0.04	1	0	7	2	9	6	4	10	6	7	6	6			64
Malabon	49,988	41,328	0.34	3	4	4	4	21	16	23	14	15	9	13	14			140
Navotas	34,116	31,749	0.22	0	0	0	4	5	4	4	9	10	11	12	12			71
Valenzuela	84,847	73,616	0.40	30	23	24	14	36	25	30	21	30	22	20	16			291
Quezon City	401,535	397,275	0.19	51	29	72	31	101	61	107	55	109	40	72	30			758
Marikina	61,642	29,349	0.13	0	2	3	4	5	3	6	6	2	1	3	3			38
Pasig	103,293	76,148	0.11	9	7	14	3	12	7	11	5	3	6	6	2			85
Taguig	110,078	110,266	0.02	0	1	1	1	4	4	6	1	3	1	2	3			27
Pateros	8,731	5,832	0.10	0	0	1	0	1	0	1	0	0	1	1	1			6
Makati	79,675	44,635	0.09	3	2	3	1	7	4	4	1	2	4	4	3			38
Manila	243,448	163,355	0.87	150	127	84	69	196	130	152	117	121	75	107	88			1,416
Mandaluyong	52,826	45,164	0.19	1	9	8	5	18	10	14	12	3	2	2	1			85
San Juan	16,709	14,440	0.04	0	0	0	0	0	0	0	1	2	0	2	1			6
Pasay	56,962	44,658	0.20	15	9	2	3	3	8	8	7	7	5	13	8			88
Parañaque	91,056	75,331	0.28	9	14	14	10	27	27	29	21	26	13	10	9			209
Muntinlupa	68,995	61,818	0.13	4	2	1	5	11	9	7	11	6	8	9	6			79
Las Piñas	80,535	45,263	0.09	0	0	5	2	5	5	10	4	4	2	3	1			41
TOTAL	1,761,056	1,433,296	0.24	276	229	243	158	461	319	416	295	349	207	285	204	0	0	3,442

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Overweight		☐ Weight-for-Age		☐ Tall		☐ Length/Height-for-Age		☒ Overweight		☐ Weight-for-Length/Height									
City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total	
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months			
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)		
Caloocan	216,620	173,069	0.49	85	66	59	67	71	68	75	69	75	60	80	69			844	
Malabon	49,988	41,328	1.02	29	21	22	6	37	21	30	38	37	42	81	56			420	
Navotas	34,116	31,749	0.37	8	10	6	13	7	11	10	13	11	12	9	9			119	
Valenzuela	84,847	73,616	0.93	62	41	33	29	56	55	53	68	61	55	99	74			686	
Quezon City	401,535	397,275	0.39	135	128	74	66	113	172	125	108	169	122	181	147			1,540	
Marikina	61,642	29,349	1.27	28	18	16	13	39	36	33	27	39	37	43	45			374	
Pasig	103,293	76,148	0.56	21	16	17	5	38	22	41	43	57	46	62	55			423	
Taguig	110,078	110,266	0.12	5	6	6	3	13	12	15	23	11	14	11	11			130	
Pateros	8,731	5,832	2.21	3	5	3	3	7	15	14	24	8	12	11	24			129	
Makati	79,675	44,635	1.10	21	16	11	14	43	41	42	29	55	53	87	78			490	
Manila	243,448	163,355	1.01	193	134	78	91	157	195	185	155	141	111	109	95			1,644	
Mandaluyong	52,826	45,164	0.39	6	5	2	5	11	20	18	33	25	30	9	14			178	
San Juan	16,709	14,440	0.28	2	0	2	2	8	2	2	3	9	2	6	2			40	
Pasay	56,962	44,658	0.96	20	23	19	16	41	55	32	35	45	49	45	50			430	
Parañaque	91,056	75,331	0.46	25	28	16	19	27	35	37	26	29	29	39	38			348	
Muntinlupa	68,995	61,818	0.52	38	22	15	6	31	24	24	21	29	25	41	46			322	
Las Piñas	80,535	45,263	0.87	51	43	15	17	34	44	47	25	26	21	35	38			396	
TOTAL	1,761,056	1,433,296	0.59	732	582	394	375	733	828	783	740	827	720	948	851	0	0	8,513	

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 5 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2018

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐

Overweight Weight-for-Age

☐

Tall Length/Height-for-Age

☒

Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % 	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	216,620	173,069	0.30	48	50	27	22	43	52	34	38	41	39	65	63			522
Malabon	49,988	41,328	0.55	12	16	7	5	15	12	20	24	43	21	34	18			227
Navotas	34,116	31,749	0.37	4	2	4	6	10	6	12	11	12	8	16	25			116
Valenzuela	84,847	73,616	0.59	33	33	10	5	22	32	38	34	58	42	63	62			432
Quezon City	401,535	397,275	0.20	94	97	34	31	66	76	56	57	94	45	98	51			799
Marikina	61,642	29,349	1.19	18	24	10	12	28	21	34	25	43	33	64	37			349
Pasig	103,293	76,148	0.43	17	6	8	3	23	17	39	37	66	35	52	22			325
Taguig	110,078	110,266	0.08	0	3	3	2	8	10	11	11	11	13	11	6			89
Pateros	8,731	5,832	1.80	6	6	6	2	4	8	10	6	20	11	16	10			105
Makati	79,675	44,635	0.62	8	5	4	10	25	16	18	21	39	34	69	27			276
Manila	243,448	163,355	0.70	108	117	68	40	88	96	118	113	109	79	102	100			1,138
Mandaluyong	52,826	45,164	0.25	5	4	4	3	13	11	14	6	12	14	14	14			114
San Juan	16,709	14,440	0.29	2	2	1	0	3	5	9	1	5	4	3	7			42
Pasay	56,962	44,658	0.56	19	16	6	4	13	22	26	24	25	26	32	36			249
Parañaque	91,056	75,331	0.27	23	16	17	8	15	11	21	17	31	12	27	9			207
Muntinlupa	68,995	61,818	0.37	11	20	3	9	9	18	23	14	31	26	41	24			229
Las Piñas	80,535	45,263	0.66	35	37	9	7	30	17	29	23	36	17	29	28			297
TOTAL	1,761,056	1,433,296	0.38	443	454	221	169	415	430	512	462	676	459	736	539	0	0	5,516

OPT Plus Form 4B. **Report on Regional Coverage of Operation Timbang Plus**

Series 2012

Region: NATIONAL CAPITAL REGION

Period of OPT: January to Mar 2018

City/Municipality (1)	Total Number of Barangays (4)	Number of Barangays with OPT Results (5)	Estimated Number of Preschoolers Aged 0-59 months (6)	Actual Number of Preschoolers Measured (Weighed) (7)	Actual Number of Indigenous Preschoolers Measured (8)
Caloocan	188	186	216,620	173,069	0
Malabon	21	21	49,988	41,328	0
Navotas	14	14	34,116	31,749	0
Valenzuela	33	33	84,847	73,616	0
Quezon City	142	137	401,535	397,275	0
Marikina City	16	16	61,642	29,656	0
Pasig City	30	30	103,293	76,148	0
Taguig	28	28	110,078	110,266	0
Pateros	10	10	8,731	5,832	0
Makati City*	33	25	79,675	44,635	0
Manila	897	897	243,448	163,355	0
Mandaluyong	27	27	52,826	45,164	0
San Juan	21	21	16,709	14,440	0
Pasay	201	201	56,962	44,658	0
Parañaque	16	16	91,056	75,332	0
Muntinlupa	9	9	68,995	61,818	0
Las Pinas	20	20	80,535	45,263	0
TOTAL	1,706	1,691	1,761,056	1,433,604	0

* with eight (8) disputed and elite barangays

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

A. Ranking of LGUs according to Weighing Coverage

City/Municipality	Total Number of Barangays	No. of Barangays with OPT Results	Percent Coverage of Bgys.	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Percent Weighing Coverage	Ranking
Caloocan	188	186	98.94%	216,620	173,069	79.90%	10
Malabon	21	21	100.00%	49,988	41,328	82.68%	9
Navotas	14	14	100.00%	34,116	31,749	93.06%	3
Valenzuela	33	33	100.00%	84,847	73,616	86.76%	5
Quezon City	142	137	96.48%	401,535	397,275	98.94%	2
Marikina City	16	16	100.00%	61,642	29,656	48.11%	17
Pasig City	30	30	100.00%	103,293	76,148	73.72%	12
Taguig	28	28	100.00%	110,078	110,266	100.17%	1
Pateros	10	10	100.00%	8,731	5,832	66.80%	14
Makati City	33	25	75.76%	79,675	44,635	56.02%	16
Manila	897	897	100.00%	243,448	163,355	67.10%	13
Mandaluyong	27	27	100.00%	52,826	45,164	85.50%	7
San Juan	21	21	100.00%	16,709	14,440	86.42%	6
Pasay	201	201	100.00%	56,962	44,658	78.40%	11
Parañaque	16	16	100.00%	91,056	75,332	82.73%	8
Muntinlupa	9	9	100.00%	68,995	61,818	89.60%	4
Las Pinas	20	20	100.00%	80,535	45,263	56.20%	15
TOTAL	1,706	1,691	99.12%	1,761,056	1,433,604	81.41%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

B. Ranking of LGUs according to Percent of Children Measured

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Length/Height-for-Age			Weight-for-Length/Height		
		No. of Children Measured	Percent Coverage	Rank	No. of Children Measured	Percent Coverage	Rank
Caloocan	216,620	173,069	79.90%	10	173,069	79.90%	10
Malabon	49,988	41,328	82.68%	9	41,328	82.68%	9
Navotas	34,116	31,749	93.06%	3	31,749	93.06%	3
Valenzuela	84,847	73,616	86.76%	5	73,616	86.76%	5
Quezon City	401,535	397,275	98.94%	2	397,275	98.94%	2
Marikina City	61,642	29,341	47.60%	17	29,349	47.61%	17
Pasig City	103,293	76,148	73.72%	12	76,148	73.72%	12
Taguig	110,078	110,266	100.17%	1	110,266	100.17%	1
Pateros	8,731	5,832	66.80%	14	5,832	66.80%	14
Makati City	79,675	44,635	56.02%	16	44,635	56.02%	16
Manila	243,448	163,355	67.10%	13	163,355	67.10%	13
Mandaluyong	52,826	45,164	85.50%	7	45,164	85.50%	7
San Juan	16,709	14,440	86.42%	6	14,440	86.42%	6
Pasay	56,962	44,658	78.40%	11	44,658	78.40%	11
Parañaque	91,056	75,332	82.73%	8	75,331	82.73%	8
Muntinlupa	68,995	61,818	89.60%	4	61,818	89.60%	4
Las Pinas	80,535	45,263	56.20%	15	45,263	56.20%	15
TOTAL	1,761,056	1,433,289	81.39%		1,433,296	81.39%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

C. Ranking of LGUs according to Prevalence of Undernutrition (Underweight and Severely Underweight)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Underweight (UW)		Severely Underweight (SUW)		Total No. of Underweight and Severely Underweight PS		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	216,620	173,069	2,033	1.17%	615	0.36%	2,648	1.53%	6
Malabon	49,988	41,328	914	2.21%	266	0.64%	1,180	2.86%	2
Navotas	34,116	31,749	327	1.03%	108	0.34%	435	1.37%	8
Valenzuela	84,847	73,616	575	0.78%	183	0.25%	758	1.03%	10
Quezon City	401,535	397,275	1,695	0.43%	627	0.16%	2,322	0.58%	14
Marikina City	61,642	29,656	211	0.71%	89	0.30%	300	1.01%	12
Pasig City	103,293	76,148	705	0.93%	187	0.25%	892	1.17%	9
Taguig	110,078	110,266	293	0.27%	72	0.07%	365	0.33%	17
Pateros	8,731	5,832	105	1.80%	10	0.17%	115	1.97%	4
Makati City*	79,675	44,635	157	0.35%	44	0.10%	201	0.45%	16
Manila	243,448	163,355	2,968	1.82%	1,857	1.14%	4,825	2.95%	1
Mandaluyong	52,826	45,164	243	0.54%	29	0.06%	272	0.60%	13
San Juan	16,709	14,440	68	0.47%	12	0.08%	80	0.55%	15
Pasay	56,962	44,658	518	1.16%	98	0.22%	616	1.38%	7
Parañaque	91,056	75,332	943	1.25%	245	0.33%	1,188	1.58%	5
Muntinlupa	68,995	61,818	475	0.77%	154	0.25%	629	1.02%	11
Las Pinas	80,535	45,263	926	2.05%	324	0.72%	1,250	2.76%	3
TOTAL	1,761,056	1,433,604	13,156	0.92%	4,920	0.34%	18,076	1.26%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

D. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Overweight (OW) (Weight-for-Age)		Ranking of LGUs
			No.	%	
Caloocan	216,620	173,069	932	0.54%	11
Malabon	49,988	41,328	302	0.73%	7
Navotas	34,116	31,749	146	0.46%	13
Valenzuela	84,847	73,616	558	0.76%	6
Quezon City	401,535	397,275	1,685	0.42%	14
Marikina City	61,642	29,656	551	1.86%	2
Pasig City	103,293	76,148	463	0.61%	10
Taguig	110,078	110,266	138	0.13%	17
Pateros	8,731	5,832	113	1.94%	1
Makati City*	79,675	44,635	762	1.71%	3
Manila	243,448	163,355	1,167	0.71%	8
Mandaluyong	52,826	45,164	96	0.21%	16
San Juan	16,709	14,440	76	0.53%	12
Pasay	56,962	44,658	370	0.83%	5
Parañaque	91,056	75,332	271	0.36%	15
Muntinlupa	68,995	61,818	430	0.70%	9
Las Pinas	80,535	45,263	445	0.98%	4
TOTAL	1,761,056	1,433,604	8,505	0.59%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

E. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Overweight (OW) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	216,620	173,069	844	0.49%	11
Malabon	49,988	41,328	420	1.02%	4
Navotas	34,116	31,749	119	0.37%	14
Valenzuela	84,847	73,616	686	0.93%	7
Quezon City	401,535	397,275	1,540	0.39%	13
Marikina City	61,642	29,349	374	1.27%	2
Pasig City	103,293	76,148	423	0.56%	9
Taguig	110,078	110,266	130	0.12%	16
Pateros	8,731	5,832	129	2.21%	1
Makati City*	79,675	44,635	490	1.10%	3
Manila	243,448	163,355	1,644	1.01%	5
Mandaluyong	52,826	45,164	178	0.39%	13
San Juan	16,709	14,440	40	0.28%	15
Pasay	56,962	44,658	430	0.96%	6
Parañaque	91,056	75,331	348	0.46%	12
Muntinlupa	68,995	61,818	322	0.52%	10
Las Pinas	80,535	45,263	396	0.87%	8
TOTAL	1,761,056	1,433,296	8,513	0.59%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

F. Ranking of LGUs according to Prevalence of Obesity (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Obese (Ob) (Weight-for-Length/Height)		Ranking of LGUs
			No.	%	
Caloocan	216,620	173,069	522	0.30%	11
Malabon	49,988	41,328	227	0.55%	8
Navotas	34,116	31,749	116	0.37%	10
Valenzuela	84,847	73,616	432	0.59%	6
Quezon City	401,535	397,275	799	0.20%	15
Marikina City	61,642	29,349	349	1.19%	2
Pasig City	103,293	76,148	325	0.43%	9
Taguig	110,078	110,266	89	0.08%	16
Pateros	8,731	5,832	105	1.80%	1
Makati City*	79,675	44,635	276	0.62%	5
Manila	243,448	163,355	1,138	0.70%	3
Mandaluyong	52,826	45,164	114	0.25%	14
San Juan	16,709	14,440	42	0.29%	12
Pasay	56,962	44,658	249	0.56%	7
Parañaque	91,056	75,331	207	0.27%	13
Muntinlupa	68,995	61,818	229	0.37%	10
Las Pinas	80,535	45,263	297	0.66%	4
TOTAL	1,761,056	1,433,296	5,516	0.38%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

G. Ranking of LGUs according to Prevalence of Wasting/Thinness (Wasted and Severely Wasted)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Wasted (Weight-for-L/H)		Severely Wasted (Weight-for-L/H)		Total No. of Wasted and Severely Wasted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	216,620	173,069	914	0.53%	64	0.04%	978	0.57%	11
Malabon	49,988	41,328	396	0.96%	140	0.34%	536	1.30%	5
Navotas	34,116	31,749	189	0.60%	71	0.22%	260	0.82%	8
Valenzuela	84,847	73,616	871	1.18%	291	0.40%	1,162	1.58%	3
Quezon City	401,535	397,275	960	0.24%	758	0.19%	1,718	0.43%	14
Marikina City	61,642	29,349	115	0.39%	38	0.13%	153	0.52%	12
Pasig City	103,293	76,148	381	0.50%	85	0.11%	466	0.61%	10
Taguig	110,078	110,266	219	0.20%	27	0.02%	246	0.22%	17
Pateros	8,731	5,832	97	1.66%	6	0.10%	103	1.77%	2
Makati City*	79,675	44,635	142	0.32%	38	0.09%	180	0.40%	15
Manila	243,448	163,355	3,490	2.14%	1,416	0.87%	4,906	3.00%	1
Mandaluyong	52,826	45,164	201	0.45%	85	0.19%	286	0.63%	9
San Juan	16,709	14,440	28	0.19%	6	0.04%	34	0.24%	16
Pasay	56,962	44,658	432	0.97%	88	0.20%	520	1.16%	6
Parañaque	91,056	75,331	468	0.62%	209	0.28%	677	0.90%	7
Muntinlupa	68,995	61,818	223	0.36%	79	0.13%	302	0.49%	13
Las Pinas	80,535	45,263	598	1.32%	41	0.09%	639	1.41%	4
TOTAL	1,761,056	1,433,296	9,724	0.68%	3,442	0.24%	13,166	0.92%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2018 Operation Timbang Plus Results

H. Ranking of LGUs according to Prevalence of Stunting and Severely Stunting (Length/Height-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Stunted (L/H-for-Age)		Severely Stunted (L/H-for-Age)		Total No. of Stunted and Severely Stunted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	216,620	173,069	2,920	1.69%	1,055	0.61%	3,975	2.30%	6
Malabon	49,988	41,328	2,108	5.10%	759	1.84%	2,867	6.94%	1
Navotas	34,116	31,749	336	1.06%	115	0.36%	451	1.42%	11
Valenzuela	84,847	73,616	1,059	1.44%	336	0.46%	1,395	1.89%	9
Quezon City	401,535	397,275	2,598	0.65%	903	0.23%	3,501	0.88%	15
Marikina	61,642	29,341	264	0.90%	84	0.29%	348	1.19%	13
Pasig City	103,293	76,148	1,032	1.36%	474	0.62%	1,506	1.98%	8
Taguig	110,078	110,266	448	0.41%	159	0.14%	607	0.55%	17
Pateros	8,731	5,832	158	2.71%	49	0.84%	207	3.55%	3
Makati City*	79,675	44,635	408	0.91%	158	0.35%	566	1.27%	12
Manila	243,448	163,355	5,065	3.10%	3,256	1.99%	8,321	5.09%	2
Mandaluyong	52,826	45,164	352	0.78%	147	0.33%	499	1.10%	14
San Juan	16,709	14,440	94	0.65%	24	0.17%	118	0.82%	16
Pasay	56,962	44,658	878	1.97%	241	0.54%	1,119	2.51%	5
Parañaque	91,056	75,332	1,197	1.59%	388	0.52%	1,585	2.10%	7
Muntinlupa	68,995	61,818	638	1.03%	304	0.49%	942	1.52%	10
Las Pinas	80,535	45,263	960	2.12%	521	1.15%	1,481	3.27%	4
TOTAL	1,761,056	1,433,289	20,515	1.43%	8,973	0.63%	29,488	2.06%	